

## Choosing a Better Life



Mbale, Uganda



Education

Year 1 Budget \$26,500

Project Timeline

\$8,000 TO GO

MAR 22

FEB 24

### Overview

This project addresses issues such as health literacy, education, life skills development, family and reproductive health – key elements needed to make wise choices about life - especially in Uganda where 80% of the population is under 25 (source: www.upfpa.org). The training will be conducted with young people in schools, prisons and school communities where ignorance and poverty, together with cultural “myths”, results in school dropouts, crime, street children, HIV/AIDS, unwanted pregnancies and births, unsafe abortions and maternal death.

### Impact for March - August 2022

#### 2111 Training of teachers and students



was delivered to 2111 students in 10 schools and 9 teachers. Teachers and school administrators were trained as 'champions' to expand the reach of the program into their schools and so impact more students.

#### Our partners reached 724 prison inmates

The commitment of the prison wardens to training inmates is greatly valued by our partners, who could not impact this many lives without their participation. 13 wardens were trained as 'champions' in their spheres of influence.



#### 67 Workshops for 51 village health teams & 16 health workers equipped workers



with the skills to help prevent early teenage pregnancies and maternal death, gender-based violence and teen school drop-outs. The training was well received as one-of-a-kind and communities feel more empowered.

#### A workshop was held for 9 released inmates

selected to be 'champions' as part of a strategy to meet the huge demand for training in communities. Eight recently released inmates received follow-up visits and affirmed how the prison training had changed them and inspired them to see it applied in their own communities.



- 3092 and 6184 people respectively have directly and indirectly benefitted - empowered now with great knowledge and support
- two additional reproductive health kits and more banners were acquired to assist with training sessions



### Sarah's Story

I am a mother but also a widow because I made the terrible mistake of killing my husband – the reason I spent 10 years in prison. We would often quarrel and one day he sold off land without telling us. I got so angry after he beat me for questioning him that I fatally wounded his leg. The rehab program in prison was instrumental in changing my whole outlook. It challenged me but also encouraged me, especially in the area of critical thinking and decision making. Now back in my community, I can be a source of wisdom to others to prevent them ending up in prison too. People notice I have changed, thanks to the wardens who taught and encouraged me.



**Thank you  
for making  
a difference**