

Choosing a Better Life

UGA-WCL-CBL-P01



Mbale, Uganda



Education



Tax deductible

Total Budget



POPULATION

45.7 million

POVERTY

21.4% of the population below poverty line

HEALTH

Life expectancy at birth: 63 yrs

EDUCATION

Mean years of school (adults) 6 years

HUMAN DEVELOPMENT INDEX

Ranking out of 189 nations Uganda 159 (Aust 8)

**2020 Human Development Report*



Overview

This project addresses issues such as health literacy, education, life skills development, family and reproductive health – key elements needed to make wise choices about life - especially in Uganda where 80% of the population is under 25 (source: www.upfpa.org). The training will be conducted with young people in schools, prisons and school communities where ignorance and poverty, together with cultural “myths”, results in school dropouts, crime, street children, HIV/AIDS, unwanted pregnancies and births, unsafe abortions and maternal death. Year 1 budget: \$26,500.

Why support this:

Our partners know the gaps in the reproductive health sector and understand that if men and women are not educated about this, cultural change will never happen. They have a proven track record and work in collaboration with other local organisations to bring about positive change in the community, which we have seen first-hand. By providing young men and women with knowledge targeted at their needs, there is the potential to shift mindsets. Current family size in Uganda is seven children and teen pregnancy to older men is common, especially with lockdowns. Regular training with excellent content will be conducted.

Objectives Include:



Training for 388 Remand Centre inmates and 24 prison wardens



Workshops for 100 village health teams (20 areas) + 40 health workers (20 health units)



Training of students/teachers at 20 schools



Over 2500 direct beneficiaries

Expected Life Change

- Changed attitudes towards family size with smaller families and healthier mothers
- Young fathers/mothers are equipped with the skills and knowledge to meet their responsibilities
- Self-esteem and making responsible, informed decisions to improve their lives
- Fostering of good relationships between men and women