

Empowering Women to Thrive



Uttarakhand, Northern India



Economic Empowerment

Year 1 Budget \$29,000

Project Timeline

FULLY FUNDED JAN 23

DEC 24

Overview

This project focusses on three key aspects that contribute to poverty in remote villages in northern India: a lack of access to clean water, a lack of sanitation facilities and food insecurity. Our partners have worked in this area for 20 years. Pilot programs were run to gauge community interest and fine-tune the roll out. Four water systems and four greenhouses will be constructed over the two years in a joint effort with village women. Vegetables grown will improve nutrition (a major issue in this area) and provide cash crops for sale to the nearest big town. A dairy farm will be set up in the second year to demonstrate effective animal husbandry and to provide sustainable employment training.

Impact for January to December 2023

2

2 water catchment systems established



The community contributes through land donation and labour and are trained in monitoring and maintenance. Reliable water supply for livestock and fields directly benefits livelihoods.

2 polyhouses were set up for families in need

benefitting 20 families economically and fostering a sense of agency and self-worth by giving women the tools to improve their families' well-being and strengthen community life.

2



11

11 new Self Help Groups (SHGs) in 9 villages



have given women the means to save, become more independent and contribute to household decision-making. Regular workshops in tailoring, handcrafts and organic farming boost skills and confidence.

Dairy farm built and committee formed

providing milk and dairy products for sale to support vulnerable women and be reinvested into the community. 11 widows and 7 women abandoned by their husbands have been trained and are now providing for their families.

18



- Greenhouses improve sanitation and nutrition and women can generate an income for themselves by selling vegetables at market
- SHGs are linked to the National Bank for Agriculture and Rural Development (NABARD). Partnerships like these allow access to additional resources, technical expertise and funding opportunities to support ongoing projects and scale up their impact.



The power of eighteen

"I am one of 18 women who faced the harsh reality of fending for ourselves and struggling to make ends meet in a society that often overlooks us. But thanks to the dairy project, we are no longer burdened by financial uncertainty – we are paving the way for a brighter future for our families. We received comprehensive training in dairy farming, from animal care to milk production. The impact has not stopped with us, though. Through our resilience and determination, others in the community have been inspired and found hope that things can change not just for them, but for generations to come."



Thank you for making a difference