

Vocational Training for Pregnant Teens

UGA-WAK-VTT-P03



Buyera, Uganda



Economic Empowerment

Year 3 Budget \$18,800

Project Timeline

FULLY FUNDED

JAN 21

DEC 23

Overview

Our partners work to promote the dignity and self-esteem of young girls in Uganda facing crisis pregnancy by addressing their emotional, physical and social needs. This is achieved by providing temporary accommodation, counselling and care services and equipping them with life and vocational skills. This project will part-fund vocational training in cooking, tailoring, computer literacy, agriculture and crafts for 100 girls per year for 3 years. These skills help them secure jobs or start small businesses after leaving the centre to break the cycle of poverty and empower them as new mothers. Year 3 - \$18,800.

Impact for January - July 2023

58



Safe haven for 58 pregnant teens

in the last 6 months. They have all received trauma counselling and life skills training. Girls are encouraged to allow their dreams and visions for the future to develop. The training helps empower and motivate them to find direction and guides them as they make life choices.

Vocational skills training provided

for 58 pregnant and parenting teens. Topics covered include cooking, tailoring, art and craft, gardening, hair-dressing, music training, basic computer skills, English literacy and infant care. Depending on the situation and area chosen, some girls may later receive business startup kits.

44



14



Follow-up visits were made to girls

who have since started small businesses or gained employment. 7 visits were made to small businesses, including a mobile money business, chapati stalls, a knitting business and a tailoring workshop. 7 girls are now employed in restaurants, retail outlets, and farms.

Pregnancy, delivery and postnatal support

was provided to 42 girls who gave birth (13 baby boys, 29 baby girls). Mothers and babies were supported with clothing, nappies and medication and special care in the case of complicated or premature births and sick babies, together with counselling and practical advice.

42



- 1 young mum was supported with a business start-up kit in the form of a sewing machine.
- Once resettled, the young mothers are followed up to monitor their progress and how they are applying the skills they learnt. Their households benefit too as the girls pass on their newfound skills.



Elizabeth's Story

My parents threw me out when I became unexpectedly pregnant. The boy I was with denied any responsibility and I was left to deal with my pregnancy alone, feeling very despondent. However, I was given the chance to learn new skills like cooking and I gained confidence and valuable life lessons. Thanks to the centre, I have been able to get a job as a waitress at a restaurant in my area. Even though my father has allowed me to come back home now, he still has not forgiven me. But I am thankful for the skills and knowledge I gained to build a future for me and my baby. I received far more than just shelter.

100%
GETS THERE

**Thank you
for making
a difference**