## **Project Outline**



### **Choosing a Better Life**



**Total Budget** 





\$55,000

2 YEARS





### **POPULATION**

45.7 million

#### **POVERTY**

21.4% of the population below poverty line

### **HEALTH**

Life expectancy at birth: 63 yrs

#### **EDUCATION**

Mean years of school (adults) 6 years

# HUMAN DEVELOPMENT

Ranking out of 189 nations Uganda 159 (Aust 8)

\*2020 Human Development Report



### **Overview**

This project addresses issues such as health literacy, education, life skills development, family and reproductive health – key elements needed to make wise choices about life - especially in Uganda where 80% of the population is under 25 (source: www.upfpa.org). The training will be conducted with young people in schools, prisons and school communities where ignorance and poverty, together with cultural "myths", results in school dropouts, crime, street children, HIV/AIDS, unwanted pregnancies and births, unsafe abortions and maternal death. Year 2 budget: \$28,500 - from 1/3/23.

### Why support this:

Our partners know the gaps in the reproductive health sector and understand that if men and women are not educated about this, cultural change will never happen. They have a proven track record and work in collaboration with other local organisations to bring about positive change in the community, which we have seen first-hand. By providing young men and women with knowledge targeted at their needs, there is the potential to shift mindsets. Current family size in Uganda is seven children and teen pregnancy to older men is common, especially in lockdowns. Regular training with excellent content will be conducted.

### **Objectives Include:**



Training for 388
Remand Centre
inmates and 24 prison
wardens



Workshops for 100 village health teams (20 areas) + 40 health workers (20 health units)



Training of students/teachers at 20 schools



Over 2500 direct beneficiaries and more educational materials

### **Expected Life Change**

- Changed attitudes towards family size resulting in smaller families and healthier mothers
- Young fathers/mothers are equipped with the skills and knowledge to meet their responsibilities
- Self-esteem and making responsible, informed decisions will improve their lives
- Fostering of good relationships between men and women