

## Empowering Vulnerable Women

UGA-JEN-EVW-P01



Mbale, Uganda



Economic Empowerment



Tax deductible

### Total Budget



\$94,000

### Project Timeline



2 YEARS



### POPULATION

45.7 million

### POVERTY

21.4% of the population  
below poverty line

### HEALTH

Life expectancy at birth: 63 yrs

### EDUCATION

Mean years of school  
(adults) 6 years

### HUMAN DEVELOPMENT INDEX

Ranking out of 189 nations  
Uganda 159 (Aust 8)

*\*2020 Human Development Report*



### Overview

This project follows previous empowerment projects impacting vulnerable women in some of the poorest communities in Mbale, eastern Uganda. It has three arms: (1) Women's savings/loans groups that have had great success since beginning in 2011 and are growing due to popular demand. Another 45 groups will be created along with training and follow-up; (2) Vocational skills/business training will teach young mums income-generating skills to support themselves and their young children. 100 women will receive training each year in sewing, hairdressing, catering etc; (3) Goat-rearing project for women and orphans in mountain communities. Goats are a simple and reliable animal project and a valuable source of income through breeding of future offspring and supply of meat. Year 1 budget \$45,000.

### Why support this:

These initiatives tackle poverty at several levels, providing practical and emotional support to women to overcome the challenges they face. In collaboration with other local groups this project strategically builds on the momentum and success achieved so far, enabling it to expand to reach new communities who haven't yet experienced a life-changing project of this type. Men are increasingly supportive as they recognize the positive impact of the savings groups and jobs training.

### Objectives Include:



**Support of six  
vocational  
trainers**



**45 new savings  
groups over three  
years (30/group)**



**Vocational  
training for 200  
young mums**



**30 recipients  
of goats and  
support of goat  
managers**

### Expected Life Change

- Development of resilience to financial shocks, allowing women to climb out of poverty and stay out, also improving health outcomes
- Women acquire skills to earn an income, often through their own businesses or goat-rearing - helps support children's schooling
- Women grow in confidence and emotional well-being and develop a range of life-skills together and a supportive network