

Training in Trauma-informed Care



Bali, Indonesia



Combatting Trafficking

Year 1 Budget: \$54,000

Project Timeline

YET TO BE FUNDED

JUL 24

JUN 26

Overview

Our partner is a coalition of around 80 grassroots Indonesian anti-trafficking organisations, many of whom directly support trafficking survivors. Our partner's mission is to strengthen collaboration and provide resources and training tailored to the real needs of its members. While some organisations have counsellors on staff, most rely on practitioners with only basic psychological training and little understanding of trauma. However, trauma-informed care is critical—without it, even well-meaning support can unintentionally retraumatize survivors and hinder their recovery.

To address this, the project will train 30 NGO staff through the 'Integrated Somatic Expressive Arts for Trauma and Trafficking' (ISEATT) Certification by Lotus Circle International. This specialised training equips frontline workers with proven, body-based and expressive arts tools to safely and effectively support survivors of complex trauma.



Fitria's comments

"It was truly a transformative experience. The training was not only well-structured but also incredibly practical. Each session provided me with deep insights into how the body holds emotions and how to work with these somatic experiences for healing. The techniques we learned are both accessible and powerful, and I'm already seeing how they can be applied in my personal and professional work in supporting the children in our safe house. Overall, it was an enriching experience, and I highly recommend this training to anyone looking to deepen their understanding of the mind-body connection."

Impact for July 2024 to June 2025

28

28 counsellors completed 2 modules of the ISEATT Certification



Participants will complete their training with Module 3 in September. They have been implementing techniques learned so far in their work with trauma survivors, noticing significant improvements in trauma symptoms.

47.6% improvement in the participants skills

from the beginning of Module 1 to the end of Module 2. Additionally, there was a 6-10% improvement in the measurements for distress and depression in participants, as they applied the techniques learned to each other.

47%



Expected life Change

- Survivors of human trafficking have significantly improved life outcomes, with increased resilience and reduction of post-traumatic stress symptoms.
- Improved care for survivors, with counsellors trained to understand trauma-informed care concepts and its clinical application for survivors of abuse, exploitation and trafficking. The training will help counsellors treat survivors and respond to their trauma symptoms and trauma-related behaviours with skill, sensitivity, care and effectiveness.

Thank you for making a difference