

Good Choices Matter



Mbale, Uganda



Education

2 Year Project: Jun 2024 to May 2026

Year 1 Budget: \$38,000

Total Budget: \$69,000

Overview

This project follows on from previous successful projects and addresses issues such as health literacy, education, life skills development, family and reproductive health – key elements needed to make wise choices about life - especially in Uganda where 80% of the population is under 30 (source: www.upfpa.org). The training is conducted in schools, prisons and communities where ignorance and poverty, together with cultural “myths”, result in school dropouts, crime, street children, HIV/AIDS, unwanted pregnancies and births, unsafe abortions and maternal deaths.

Impact for June 2024 - May 2025

2496 students from 20 schools in weekly training



1246 male and 1250 female students received accurate knowledge and training on puberty, conception, how the body works, maternal health, life purpose, critical thinking and decision making, healthy relationships and discerning between truth and myth. School attendance and performance has improved and students are now able to make more informed decisions.

Our partners reached 378 prison inmates

with training on reproductive health and life skills, aimed at rehabilitation and preventing re-offence. Inmates gained confidence, developed critical thinking, communication and relationship skills, and can now set goals. 35 inmates graduated as peer-to-peer educators.

378



36 12 health workers, 13 teachers, 11 members



of Village Health Teams (VHTs) were trained as champions. They helped to disseminate information to community members such as women’s saving groups, antenatal clinics and schools. VHTs helped trained 2264 people in group trainings and 1626 in antenatal clinics. 1735 women received family planning devices and 867 mothers were supported during delivery.

44 champions sharpened their skills at bi-annual

meetings to elevate performance by improving the use and delivery of training materials, improve reporting of child abuse and gender-based violence cases in the community and to better understand child protection and safeguarding policies.

44



Sylvia’s Story

I am 28 years old and I have 8 children - 12, 10, 9, 7, 6, 4, 2 and 1. My husband and I are peasant farmers. I was told myths about family planning so I kept on falling pregnant. Village health workers spoke to a group of us (men, women and teenagers) about the benefits of using family planning methods and the dangers of having so many children so close together. I started to use an IUD contraceptive and now my last child is a year old and I am still not pregnant! This year has been so different from before. My baby is doing fine, the other children who were sickly are now better and my health has improved too. I can now start saving some money with the local saving and loans group in my village and plan for our future.

Thank you for enabling hope in hard places