

School Hygiene and Wellbeing

ZIM-SIZ-SHW-P01



Bulilima area, Zimbabwe

Water



1 Year Project: Sept 2024 to Aug 2025

Total Budget: \$57,000



Overview

Our partner has a strong track record and takes a multifaceted approach to health and hygiene. This project addressed the risk of poor sanitation and water-borne diseases through the construction of 20 disabled and child-friendly pit latrines in 15 rural primary schools in poor communities. Participatory Health and Hygiene Education (PHHE) was held in each school and included training in soap-making using low-cost materials. The programs involve a hands-on, participatory style of teaching through drama, song and dance. School health clubs comprising students and supervising teachers were formed to keep up active interest and participation in healthy sanitation habits for the long-term.

Objectives



**30 latrines
and PHHE
training**

Impact

Increased access to safe sanitation facilities for over 600 students in the 15 schools. Open defecation cases dropped and risk of sanitation-related diseases (diarrhoea and cholera) decreased. Proper waste management reduced contamination of water sources and improved cleanliness.



**Health and
Hygiene
promotion**

The 15 schools received 5 full days of participatory Health and Hygiene Education and 15 subsequent health clubs were established. IEC (Information, Education and Communication) materials were distributed, raising awareness in the schools which cascaded to the community.

Village Health Worker extraordinaire!

My name is Analisa and I'm 14 years old. I found out about Health and Hygiene promotion through my younger sister and her friends as they set up a tippy-tap outside our latrines at school. I was captivated by their understanding of the importance of public health related matters. I wanted to learn more so I approached the PHHE team and asked to be part of the sessions. I am now called the "village health worker" in the community because I find myself talking about hygiene related matters everywhere I go. I joined the school health club as I am passionate about raising health and hygiene awareness that assists our community to reduce disease.



Life change

- Reduced illness, increased school attendance and a greater capacity to learn, resulting in improved well-being and quality of life
- Younger children confident to use facilities, growing in self-esteem as they take care of themselves
- Families benefit as knowledge is transferred from school to the home and the broader community